

For believers, commemorating the Lord's Supper is to be a reminder of His substitutionary work for our sin, and a profession that we draw our life, our spiritual food, from the truths of His death and resurrection. In His First Letter to the Corinthians, the Apostle Paul rebukes the Church there for failing to recognize this. He wrote:

When you come together, it is not really to eat the Lord's supper. For when the time comes to eat, each of you goes ahead with your own supper, and one goes hungry and another becomes drunk. What! Do you not have homes to eat and drink in? Or do you show contempt for the church of God and humiliate those who have nothing. What should I say to you? Should I commend you? In this matter I do not commend you!

(1 Corinthians 11:20-23)

In other words, they were missing the whole point of their gathering. Paul closes his discourse by saying the remedy for their abuse was to eat before they came, thus acknowledging the purpose for the meal was not to satisfy hunger!